







## STUDY PROTOCOL

# The diagnosis of tuberculous meningitis in adults and adolescents: protocol for a systematic review and individual patient data meta-analysis to inform a multivariable prediction model [version 1; referees: awaiting peer review]

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**v1** First published: 31 Jan 2019, 4:19 (<https://doi.org/10.12688/wellcomeopenres.15056.1>)

Latest published: 31 Jan 2019, 4:19 (<https://doi.org/10.12688/wellcomeopenres.15056.1>)

## Abstract

**Background:** Tuberculous meningitis (TBM) is the most lethal and disabling form of tuberculosis. Delayed diagnosis and treatment, which is a risk factor for poor outcome, is caused in part by lack of availability of diagnostic tests that are both rapid and accurate. Several attempts have been made to develop clinical scoring systems to fill this gap, but none have performed sufficiently well to be broadly implemented. We aim to identify and validate a set of clinical predictors that accurately classify TBM using individual patient data (IPD) from published studies.

**Methods:** We will perform a systematic review and obtain IPD from studies published from the year 1990 which undertook diagnostic testing for TBM in adolescents or adults using at least one of, microscopy for acid-fast bacilli, commercial nucleic acid amplification test for *Mycobacterium tuberculosis* or mycobacterial culture of cerebrospinal fluid. Clinical data that have previously been shown to be associated with TBM, and can inform the final diagnosis, will be requested. The data-set will be divided into training and test/validation data-sets for model building. A predictive logistic model will be built using a training set with patients with definite TBM and no TBM. Should it be warranted, factor analysis may be employed, depending on evidence for multicollinearity or the case for including latent variables in the model.

**Discussion:** We will systematically identify and extract key clinical parameters

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associated with TBM from published studies and use a 'big data' approach to develop and validate a clinical prediction model with enhanced generalisability. The final model will be made available through a smartphone application. Further work will be external validation of the model and test of efficacy in a randomised controlled trial.

### Keywords

Tuberculous meningitis, multivariable prediction rule, machine learning, diagnostics

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**Author roles:** **Boyles T:** Conceptualization, Methodology, Project Administration, Writing – Original Draft Preparation, Writing – Review & Editing; **Stadelman A:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Ellis J:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Cresswell F:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Lutje V:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Wasserman S:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Tiffin N:** Methodology, Writing – Original Draft Preparation, Writing – Review & Editing; **Wilkinson R:** Writing – Review & Editing

**Competing interests:** No competing interests were disclosed.

**Grant information:** This work was supported by Wellcome [210772; 104803; 203135; FC0010218].

*The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.*

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**How to cite this article:** Boyles T, Stadelman A, Ellis J *et al.* **The diagnosis of tuberculous meningitis in adults and adolescents: protocol for a systematic review and individual patient data meta-analysis to inform a multivariable prediction model [version 1; referees: awaiting peer review]** Wellcome Open Research 2019, 4:19 (<https://doi.org/10.12688/wellcomeopenres.15056.1>)

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## Introduction

Tuberculosis remains a major global health problem, with the most lethal and disabling form being tuberculous meningitis (TBM), of which there are more than 100,000 new cases each year<sup>1</sup>. Mortality is high, particularly in children and patients who are co-infected with HIV-1<sup>2</sup>. The diagnosis is often delayed by the insensitive and lengthy culture technique required for disease confirmation, with delayed diagnosis and treatment being important risk factors for poor outcome<sup>1</sup>. Recently introduced nucleic acid amplification tests (NAATs) allow more rapid detection of TBM. Pooled specificity of 98.0% and 90% for Xpert MTB/RIF and Xpert MTB/RIF Ultra respectively, suggest that they are effective rule-in tests with the potential to speed up diagnosis and reduce unnecessary treatments for alternative conditions in some patients. However, the pooled sensitivity is 71.1% and 90% respectively, which is even lower for patients with HIV (58% to 81%)<sup>3</sup>. Given the extremely high mortality if treatment is withheld from patients with TBM, these values are unlikely to be sufficient evidence to withhold treatment when negative in most patients. Improved strategies to rapidly and accurately diagnose TBM are urgently needed<sup>1</sup>.

A major stumbling block in TBM research had been the absence of a single reference standard test or standardised diagnostic criteria. In 2010, a committee of 41 international experts in the field developed consensus case definitions for TBM for use in clinical research<sup>4</sup>. These case definitions have helped to standardise research but are not appropriate for use in routine clinical care as they depend on variables such as cerebrospinal fluid (CSF) culture results, which can take up to 6 weeks to become positive and may include brain imaging, which is not available in many resource constrained settings.

Another approach to improving rapid diagnosis in TBM, particularly in resource-limited settings where the majority of cases occur, is to develop and validate multivariable prediction models. At least 10 models have been published for the diagnosis of TBM, but a major limitation is that their performance is variable in different populations and settings<sup>1</sup>. A major reason for heterogeneous model performance across different settings and populations is case mix variation, which refers to the distribution of important predictor variables such as HIV status and age, and the prevalence of TBM. Case mix variation across different settings or populations can lead to genuine differences in the performance of a prediction model, even when the true predictor effects are consistent (that is, when the effect of a particular predictor on outcome risk is the same regardless of the study population)<sup>5</sup>.

Recent studies have shown how big datasets can be used to examine heterogeneity and improve the predictive performance of a model across different populations, settings, and subgroups<sup>6-8</sup>. Individual patient data meta-analysis is preferred to aggregate data meta-analysis, as risk scores can be generated and validated, and multiple individual level factors can be examined in combination<sup>9</sup>.

## Objectives

1. Conduct a systematic review to identify studies that applied systematic diagnostic strategies for TBM in adolescents and adults presenting with meningitis
2. Establish an international collaboration among TBM research groups who are willing to provide individual patient data (IPD)
3. Use IPD to develop a clinical prediction model that estimates the probability of TBM in adolescent and adults, based on clinical and laboratory data that is routinely available within 48 hours of initial evaluation

Secondary objectives include an assessment of the number and quality of studies addressing the diagnosis of TBM, as well as an analysis of demographic and clinical characteristics of cases and non-cases of TBM.

## Protocol

A systematic review and IPD meta-analysis will be performed according to Preferred Reporting Items for Systematic review and Meta-Analysis of IPD (PRISMA-IPD) guidelines<sup>10</sup>.

## Identification of studies

Potentially eligible studies will be identified by an extensive search of electronic databases, manual search of reference lists and by contacting researchers with interest and expertise in meningitis who may have access to unpublished studies.

We have designed a broad search strategy to maximise sensitivity. We will combine medical subject heading (MeSH) and free text terms to identify relevant studies, see [Table 1](#). We will search Medline (accessed via PubMed), Africa-Wide Information and CINAHL (both accessed via EBSCO Host). We will not limit our searches by geographical location. The search will be restricted to studies published after 01 January 1990 and in English. The detailed search strategies will be presented in an online supplementary appendix. Reference lists of the selected articles and reviews will be searched manually to identify additional relevant studies.

## Types of studies

### Inclusion criteria

- Randomized controlled trials, cross-sectional studies, and observational cohort studies
- Participants presenting to care with clinical meningitis
- Use of at least 1 of microscopy for acid-fast bacilli, commercial nucleic acid amplification test (NAAT) for *Mycobacterium tuberculosis* or mycobacterial culture of CSF to diagnose TBM
- Study includes a minimum of 10 participants aged  $\geq 13$  years

**Table 1. Proposed search terms.**

Search	Query
#1	Search tuberculosis meningitis Field: Title/Abstract
#2	Search "tuberculosis, meningeal"[MeSH ]
#3	Search cerebral tuberculosis Field: Title/Abstract
#4	Search "brain tuberculosis" Field: Title/Abstract
#5	Search TBM Field: Title/Abstract
#6	Search (((tuberculosis meningitis) OR "tuberculosis, meningeal"[MeSH Terms]) OR "cerebral tuberculosis") OR "brain tuberculosis") OR TBM
#7	Search "Diagnosis"[Majr]
#8	Search diagnosis or diagnostic Field: Title/Abstract
#9	Search "clinical scores" or "clinical scoring" Field: Title/Abstract
#10	Search "Research Design"[Mesh]
#11	Search predictor* or predictive Filters: Field: Title/Abstract
#12	Search "clinical predict*" Field: Title/Abstract
#13	Search "clinical feature*" Field: Title/Abstract
#14	Search (((#13 OR ((#12) OR ((#11) OR ((#10) OR ((#9) OR #8 OR #7 Filters: Humans
#15	Search #14 AND #6 Filters: Humans

### Exclusion criteria

- Case-control studies and case reports/series of patients with confirmed TBM
- Participants taking anti-TB drugs at the time of their evaluation
- Non-English articles
- Studies published before 1990
- Full text unable to be located
- Studies not in humans

### Screening and study selection

Duplicate studies will be removed. Study selection will follow the process described in the Cochrane Handbook of Systematic Reviews and PRISMA-IPD statements<sup>10</sup>. Two investigators will independently screen titles and abstracts to remove irrelevant studies. Full text review will be performed on the remaining studies to determine eligibility. Any disagreements will be resolved by consensus or in consultation with a third reviewer.

### Data extraction

Data will be extracted on a proforma, independently by two review authors on study level variables: study setting and dates; contact details; inclusion criteria and exclusion criteria, and number of patients. Corresponding authors of studies identified as eligible after full text review will be contacted with a request to provide anonymised individual patient data. IPD for variables that have previously been shown to be predictive of

TBM<sup>1</sup> and competing diagnoses will be requested, [Table 2](#). Investigators will be requested to share their anonymised data after obtaining a signed agreement.

### Data management

Investigators will be asked to share anonymised individual patient data, preferably electronically using encrypted files and other secure data transfer technologies using standardised data collection forms. Only study collaborators will have access to the combined IPD data available in Box. Box Secure Storage is a cloud storage and collaboration service configured to meet the security standards for HIPAA data. Data will remain stored in Box for the duration of the study and will not be used or sold for any commercial purpose.

### Authorship

Authors providing IPD will be asked to nominate co-authors to expand the expertise of the review group, including review of preliminary findings and manuscript authorship. The number of co-authors will depend on the amount of data supplied, 1 author for <100 patients, 2 authors for >100 and <250 patients, and 3 authors for >250 patients.

### Quality assessment

Quality assessment in terms of risk of bias and applicability for each included study will be performed according the QUADAS-2 tool for diagnostic accuracy studies<sup>11</sup>. This tool comprises 4 domains: patient selection, index test, reference standard, and flow and timing. Each domain is assessed in terms of risk of bias, and the first 3 domains are also assessed in terms of

**Table 2. Individual patient data that will be requested from authors.** LAM= lipoarabinomannan NAAT= nucleic acid amplification test.

Clinical data at presentation	Laboratory results (blood)	Laboratory results (CSF)
<ul style="list-style-type: none"> <li>• Age*</li> <li>• Sex*</li> <li>• Presence of extrapyramidal movements*</li> <li>• Presence of neck stiffness*</li> <li>• Duration of symptoms*</li> <li>• Focal neurological deficit (including cranial nerve palsy)*</li> <li>• Temperature*</li> <li>• Glasgow Coma Scale*</li> <li>• AVPU score*</li> </ul>	<ul style="list-style-type: none"> <li>• HIV sero-status*</li> <li>• Total leukocytes*</li> <li>• CD4 count*</li> <li>• Glucose*</li> </ul>	<ul style="list-style-type: none"> <li>• Appearance*</li> <li>• Total leukocytes*</li> <li>• Total neutrophils*</li> <li>• Total lymphocytes*</li> <li>• Protein*</li> <li>• Glucose*</li> <li>• Gram stain*</li> <li>• Adenosine deaminase activity*</li> <li>• Bacterial culture</li> <li>• India ink stain*</li> <li>• Cryptococcal antigen* and culture</li> <li>• Microscopy for acid-fast bacilli</li> <li>• Mycobacterial culture</li> <li>• NAAT for <i>Mycobacterium tuberculosis</i></li> <li>• NAAT for any virus</li> <li>• Syphilis serology*</li> <li>• Any other test informing an alternative diagnosis</li> </ul>
Laboratory results (urine, sputum and serous effusions)	Radiological investigations	Autopsy
<ul style="list-style-type: none"> <li>• Urine LAM*</li> <li>• Microscopy for acid-fast bacilli*</li> <li>• Mycobacterial culture</li> <li>• NAAT for <i>Mycobacterium tuberculosis</i>*</li> </ul>	<ul style="list-style-type: none"> <li>• Chest X-ray*</li> <li>• Abdominal ultrasound scan</li> <li>• CT brain</li> <li>• MRI brain</li> </ul>	<ul style="list-style-type: none"> <li>• Histological results from autopsy</li> </ul>

\*Factors chosen *a priori* to be used to develop the initial model

concerns regarding applicability. Signalling questions are included to help judge risk of bias.

### Data synthesis

1. Review and descriptive analysis of available parameters and data completeness for contributing datasets.

The contributing datasets will be reviewed for sample size, available parameters and data completeness, to inform the selection of a modelling approach. A descriptive analysis will be undertaken to understand similarities and differences between the contributing datasets. Participant characteristics, clinical features, and test results will be summarized for each contributing dataset and compared across datasets using chi-square, t-tests, or non-parametric methods as warranted. Additionally, participant characteristics and clinical features will be further evaluated for heterogeneity via IPD meta-analysis accounting for random effects.

### 2. Developing a Predictive model

Participants will be categorised as definite TBM if they have one of the following-

- At least one of acid-fast bacilli seen in the CSF; *Mycobacterium tuberculosis* cultured from the CSF; or a CSF positive commercial NAAT

- Acid-fast bacilli seen in the context of histological changes consistent with tuberculosis in the brain or spinal cord at autopsy

- Culture positive extra-neural TB and no other definitive cause for clinical meningitis

Participants will be categorised as definitely not TBM if they-

- Do not fulfil the criteria for definite TBM and either an alternative diagnosis is made or they fully recovered, without antituberculosis chemotherapy, 3 months after admission

Participants will be categorised as possible TBM if they-

- Do not meet the criteria for either definite TBM or definitely not TBM

Model development will initially be carried out using participants with either definite TBM or definitely not TBM. The model will then be applied to participants with possible TBM. First, a training dataset will be generated using a proportion of participants from each contributing dataset that are selected at random for inclusion in the combined training dataset. This method ensures that there is representation of each contributing dataset in the development of the TBM diagnostic algorithm. Second, clustering in the data will be explored using a variety of methods including Gaussian Mixture Models and cluster analysis (latent

component analysis (LCA), Spectral Clustering, KMeans). This step serves as a tool to elucidate case-mix variation within TBM diagnostic categories (confirmed, probable, possible/suspected, and not-TBM), which will inform TBM diagnostic prediction and TBM prediction model development. Finally, the model will be developed using inputs that have been chosen *a priori* as they are known to predict TBM, are routinely available to clinicians within 48 hours of admission and are not used part of the definition of definite and definitely not TBM (Table 2). The model will be developed using machine learning techniques including logistic regression, classification and regression analysis, and random forest classifier analysis. The training set will be calibrated to optimize the model coefficients for best predictive accuracy using AUC-ROC score.

### 3. Testing the model for internal validity

Using the testing/validation dataset, we will calculate overall sensitivity, specificity, positive predictive value, and negative predictive to assess the accuracy of the algorithm in predicting TBM. The model will also be validated using 'internal-external cross-validation', which is a multiple validation approach that accounts for multiple studies by rotating which are used toward model development and validation<sup>7</sup>. Each contributing study will be excluded from the available set, and the remainder will be used to develop the diagnostic model; the excluded study will then be used to validate the model externally. This process will be repeated with each study being omitted in turn, allowing the consistency of the developed model and its performance to be examined on multiple occasions.

### 4. Sensitivity analysis

We will perform sensitivity analyses to explore the contributions of risk of bias on the final model(s) by limiting inclusion in the meta-analysis to the following.

- Studies that used consecutive or random selection of participants based on a clinical presentation consistent with TBM
- Studies that investigated all patients for TBM regardless of other CSF findings
- Studies using CSF mycobacterial culture as the reference standard

## Registration

This review is registered with PROSPERO, number CRD42018110501.

## Presenting and reporting of results

We will report the results according to the Preferred Reporting Items for a Systematic Review and Meta-analysis of Individual Participant Data Statement (PRISMA-IPD)<sup>10</sup>. This will include a flow diagram to summarise the study selection process and detail the reasons for exclusion of studies screened as

full text. We will publish our search strategy and quality-scoring tool as supplementary documents. Quantitative data will be presented in evidence tables of individual studies as well as in summary tables. We plan to report on quality scores and risk of bias for each eligible study. This may be tabulated and accompanied by narrative summaries. A descriptive analysis of the strength of evidence assessment will be reported. The final prediction model(s), that is, the variable-selected model(s) with the highest area under the receiver operating characteristic curve (AUC), will be implemented in a Smart phone application and a Web-based calculator and graphically depicted using nomograms.

## Discussion

TBM is a serious public health concern with delayed diagnosis and treatment being important risk factors for poor outcome<sup>1</sup>. At least 10 attempts have been made to develop clinical prediction models to aid the rapid diagnosis of TBM but none have been broadly successful. The aim of this project is to combine data from multiple sources to develop and internally validate a novel clinical prediction model, which will be made easily available as a smart phone application and a Web-based calculator. By combining data from multiple geographical locations and using advanced machine learning techniques it is hoped that we can develop a model that is broadly generalizable around the world. Further work will involve external validation of the model(s) and testing in randomised controlled trials.

## Ethics

No specific ethical approval has been sought for this systematic review. Authors who submit IPD will be asked to confirm that the dissemination of anonymised data was included in the original patient consent document.

## Data availability

### Underlying data

No data is associated with this article.

### Reporting guidelines

Figshare: PRISMA-P checklist for The diagnosis of tuberculous meningitis in adults and adolescents: protocol for a systematic review and individual patient data meta-analysis to inform a multivariable prediction model, <https://doi.org/10.6084/m9.figshare.7628639.v1><sup>12</sup>

Data are available under the terms of the [Creative Commons Attribution 4.0 International license](#) (CC-BY 4.0).

## Grant information

This work was supported by Wellcome [210772; 104803; 203135; FC0010218].

*The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.*



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